



Fall Soccer 2026 Parent Packet



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Welcome to the season!

This packet will include information to help you and your child have a successful fall soccer season.

The purpose of our fall soccer program is to:

- Have fun!
- Make new friends!
- Learn the game of soccer!
- Work on those soccer skills!
- Learn how to be a team player!
- Learn how to be coached!

As parents, we can help our child accomplish all of the above. Being positive, and following the Code of Conduct will go a long way for your child this season and for their future relationship with sports.



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Code of Conduct

Our job as parents, coaches, and Rec staff is to set an example of sportsmanship. Here are some of the big takeaways from the Code of Conduct:

- ✓ Treat all parties involved with dignity and respect.
- ✓ Use appropriate language, tones and volume when communicating.
- ✓ When in doubt, remain silent.
- ✓ Become knowledgeable, understanding and supportive of all established guidelines, rules, policies and procedures applicable to related programming.
- ✓ Recognize/acknowledge Saratoga Springs Recreational programming as a privilege that can be rescinded for violation of this Code of Conduct Policy

Coaches and parents are to “set the example” for good behavior, sportsmanship and professional courtesy.

- You may disagree with an official's call, do not make your comments personal, angry, or derogatory.
- Insist that your players and fans demonstrate good sportsmanship toward opposing coaches, players, and officials.
- Insist that all of your players shake hands after the game and demonstrate grace in winning and dignity in losing.
- Do not teach, tolerate, or allow taunting of other teams, “trash talking”, or foul language at any point.



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Coaches/Spectators/Players:

There will be zero tolerance towards any inappropriate or abusive behavior from coaches, spectators, or players towards game officials.

- Any coach, spectator, or player who feels the necessity to:
- Persistently or willfully question or challenge the rulings of the officials
- Berate or abuse officials, players, recreation staff, or parents
- Display conduct which is inappropriate in a youth recreation environment should expect to be removed from the game in question and be required to leave the facility.

This ejection may be issued without warning by the officials, site supervisor or any official representing Saratoga Springs Recreation.



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Team Sideline (Schedule Info.)

Team Sideline is a great resource and has many available tools. The Team Site can be accessed by going to saratogaspringsrec.com. You can subscribe to Team calendars and have the scheduled practices/games pushed right to your calendar. Another awesome feature, is inviting your friends and family to subscribe, they will receive alerts for upcoming games- no more trying to remember to send them schedules!

We highly recommend downloading the app!

The app is a quicker way to access team sites and schedules.

In the app you can also communicate with your team using the chat feature, view announcements sent by your coach, view the players' names on your team, and notify your coach if you will be attending practices/games.



The app is called Team Sideline.

Team Sideline will send reminders and push notifications, so make sure you're subscribed to receive these alerts! 100% of program communication will come through Team Sideline.

All practices are up to each individual coach so check with them to find out when and where they plan on practicing.

The 7th-9th grade divisions only will have a single elimination tournament once the regular season is complete. To view the standings and the bracket follow these links:

[7th-9th grade boys](#)

[7th-9th grade girls](#)

If you'd like more instructions, here are some links!

[How to subscribe to your Team Site's Calendar using the Team Site App:](#)

[How do I add family and friends?](#)

[What does the red flag mean next to an email address?](#)



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Uniforms

Every player is required to wear a reversible Saratoga Springs jersey. These are the same jerseys for soccer, volleyball, instructional baseball, and flag football in the past. If you have one from a previous season that fits you are welcome to use that one. The home team will wear white and the away team will wear blue. Your schedule online will inform you if your team is home or away.

Away



Home



If you ordered a jersey, shorts, and/or socks BEFORE July 23rd your head coach should have your uniform to give to you. If you ordered a jersey, shorts, and/or socks AFTER July 23rd you will need to come into our office to pick yours up.

If you don't have a jersey you will need to purchase one and pick it up at our office.

We also offer shorts and socks to purchase. These are optional and are not required to purchase through us. Shorts are \$9 and socks are \$4.



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If you would like to purchase a jersey, shorts, or socks log in to your account by following this link: <https://saratogaspringsrec.com/home>

Then follow the instructions in this link: <https://support.teamsideline.com/hc/en-us/articles/360022362212-How-do-I-purchase-an-Add-On-after-I-have-already-Registered-> to purchase any of those items.

Or you can pay for your uniform at our office at the same time you come by to pick it up.

Our office is located at 319 S. Saratoga Rd. When you arrive check in with the receptionists on the first floor. Our normal office hours are 9 AM to 5 PM Monday through Friday.

Equipment

All players are required to wear shin guards. This is for the safety of the kids. Our referees will be checking before the game to make sure every player is wearing them. All players must also wear socks OVER their shin guards.

Cleats are optional and are not required. If your child is not wearing cleats make sure they are wearing closed toe shoes. No metal cleats or toe cleats are allowed.



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Soccer Rules

To view the rules for Pre-K through 6th grade click [HERE](#).

To view the rules for 7th-9th grade click [HERE](#).

Field Maps

To view the field maps click this link: [Fall Soccer 2026 Field Maps](#)

The maps will tell you which specific field your team is playing on at the parks and will tell you what side of the field your team should sit on depending on if you are the home team or away team. Teams are REQUIRED to sit on opposite sides of the field so please follow the map to know what side to sit on. Flags at the parks will indicate which field is which during games and will also indicate which sideline is the home sideline and which sideline is the away sideline. Site supervisors will also be able to help you at the parks if you cannot find your field.

Weather Policy/Rainout Hotline

To view our weather policy follow this link: [Saratoga Springs Recreation Weather Policy](#)

If weather is questionable you can call our rainout hotline at 801-766-6509 after 4 PM on weeknights or 8 AM on Saturdays to get an update on the plan for games that day.

If games are cancelled before halftime we will do everything we can to reschedule the game. If games make it to halftime the game is considered complete and will not be rescheduled.



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Picture Day

Most teams have an assigned picture time and day. You can find what time your team is assigned and also see the complete schedule by clicking: [HERE](#) and you can view the prices by clicking: [HERE](#)

If the picture time your team was assigned to does not work for your team or if your team is not on the schedule you are welcome to go at any time. You do not need to reschedule your time with us or the picture company. The picture company will take your team whenever you show up as long as you go while they are here.

Please check with your coach and team to see what time they are planning on taking pictures. Even if you are not planning on purchasing pictures please attend so that those who are can have your child in the team picture.

On picture day, coaches will be given a packet with all the players information enclosed. Coaches, please pass those out to the parents on picture day.

We encourage you to prepay for your photographs online prior to picture day to speed the process up. Go to <http://www.bellphoto.com/> . Use the prepay code **SARASPFSRC26**

At checkout, you will receive an order confirmation number. Please put that number on the order form given to you by the coach.

If you choose to pay on picture day, the photographers will have cashiers available.

Pictures will be mailed to your home so if you do not pay online, please make sure you fill out the address on the order form.

If you have any picture questions please email sports@bellphoto.com



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Lastly, the fall soccer program could not run without our volunteer coaches.

Please help coaches out as needed, this could be covering a practice or a game if they ask, or volunteering to coordinate treat sign up. They attend a coach's meeting, coordinate practice times, have a background check done, take a Coach Certification training, pick up jerseys... all before the season starts. It's a lot of time and dedication and they do it because they ENJOY it! 😊

If there is a concern that can be resolved on site, please talk to the Site Supervisor. They should be wearing a blue turquoise colored shirt or sweatshirt that says "supervisor" on it.

If there is a concern that cannot be resolved on site, please contact the Recreation Department. Given a head's up, we can usually correct the problem before the next game. Don't wait until the end of the season to let the department know of issues that occurred.

The Recreation Department's goal is provide mentally, physically, and emotionally safe programs for our citizens. It's an added bonus when the programs create a love for the game for our participants.

Thank you, and we hope you have a great season!



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