

# Saratoga Springs Soccer

## 7<sup>th</sup>-9<sup>th</sup> Grade League Specific Rules

**All players must be legally registered on your team. If a team is confirmed to have played an illegal player in a game that team will forfeit that game.**

High School rules apply with the following exceptions

Games will consist of two - 30 minute halves with a 4 minute half time. Game time on schedule is the start time. Please arrive early to allow games to begin at start time. Official game time and score will be kept on the field by the officials.

- Players may not play with anything officials deem to be dangerous to themselves or others. This includes watches, hats, casts, illegal shoes or illegal cleats (no toe cleats allowed).
- All players are required to wear shin guards. Players must also wear socks over their shin guards.
- Coaches, Assistants and players are asked to limit their walking and coaching to only their half of the sideline to the top of the penalty box. Coaches and players are **required** to be on the opposing side of the opposing team. Spectators are also asked to sit behind their team on the same side as their coach. If the field is facing east and west the home team should sit on the south sideline and the away team should sit on the north sideline. If the field is facing north and south the home team should sit on the west side and the away team should sit on the east side.
- Slide tackling is PROHIBITED – If the official stops play, a direct kick awarded to offended team. A player may slide while attempting to kick the ball IF there are no other players around. A slide tackling violation will be called if in the official's judgement it is dangerous to other players.
- Goal Kicks: The ball must be stationary and is kicked from any point within the goal box by a player of the defending team. The ball is in play when it is kicked and clearly moves. Opponents must be outside the penalty box until the ball is in play.
- Regular season games will be allowed to end with a tie score.
- A team may begin with as few as 6 players. A team unable to field 8 players at the end of the first half will be considered a forfeit. Teams will still be allowed to scrimmage each other if they are unable to field 8 players during league play.
- A player receiving a "yellow card" will be asked to leave the game. That player is allowed to return into the game at the next possibility for substitution.
- Substitutions may be made: prior to a throw-in by the team with possession or both teams if the team with possession decides to substitute. Prior to a corner kick by either team. Prior to a goal kick by either team. After a goal by either team, after an injury, if the referee stops play and at halftime by either team.
- A player receiving two, "yellow cards" or one "red card" will be removed for the entirety of the game.
- In case of inclement weather/lightning, games can be postponed for 30 minutes. After a postponement, if games cannot be resumed, a game will be considered complete after ½ the game has been played. A game not ½ complete when postponed or canceled, will be rescheduled and begin again at point of cancelation.